

Parents and Friends of Ludeman Center

P.O. Box 754, Park Forest, Illinois 60466

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Ludeman.PFLC@gmail.com



NEWSLETTER

SPRING 2016

PFLC SPRING GENERAL MEETING

***** SATURDAY ** APRIL 30, 2016***

ELISABETH LUDEMAN DEVELOPMENTAL CENTER

114 ORCHARD DRIVE, BUILDING 64

PARK FOREST, IL. 60466

REFRESHMENTS: 11:30 A.M.

MEETING: 12:00 P.M.

AGENDA

JOHN HALEY, PFLC PRESIDENT

GLENDIA CORBETT, LUDEMAN DIRECTOR

ILLINOIS SENATOR MICHAEL HASTINGS, DISTRICT 19

ILLINOIS REPRESENTATIVE ANTHONY DELUCA, DISTRICT 80

WELCOME

LUDEMAN UPDATE

GUEST SPEAKER

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The Parents and Friends of Ludeman Center mission is to advocate for the rights of all the residents of Elisabeth Ludeman Center. We will work with the center to provide quality of life enhancement for individuals with disabilities, and to act as a support organization for the family members and friends of the residents. We are an all-volunteer organization.

Don't Miss Our Saturday April 30th General Meeting at 12:00 PM Featuring Two Illinois General Assembly Legislative Leaders

Guest Speaker: Illinois Senator Michael Hastings, District 19

Michael E. Hastings was born and raised in Orland Township as one of six children of Mary and Kyle Hastings. He served as student government president of Andrew High School, and then qualified for an appointment to the U.S. Military Academy at West Point.

Mike earned his Bachelor of Science degree in leadership and management at West Point. Hastings graduated from West Point in 2003 and was commissioned as an officer in the U.S. Army.

Hastings was at West Point when al-Qaida terrorists attacked the U.S. on September 11, 2001. He later served in Iraq, advanced to the rank of captain and served as aide-de-camp to the commanding general of the 1st Infantry Division. He earned the Bronze Star for meritorious service in a combat zone.

In 2008, Hastings joined Johnson & Johnson's Biosurgery sales division in Chicago. Hastings' public service career began with his election to the Board of Trustees for High School District 230 and then as vice president of the board. Hastings also served as co-chair of the district's finance and education committees.

Hastings earned a master's degree in business administration with honors from the University of Illinois and is working toward completion of his juris doctor degree from John Marshall Law School in Chicago.

"With the governor's proposed budget set to impose devastating cuts on the Sertoma Center, Senator Michael E. Hastings (d-Tinley Park) visited the center to stress that maintaining funding for individuals with mental health and developmental disabilities needs to be a priority". Source: <http://senatorhastings.com/>

Guest Speaker: Illinois Representative Anthony DeLuca, District 80

80th District State Representative Anthony DeLuca has been serving in the Illinois House since March, 2009.

With Illinois' economy in peril, DeLuca is using the lessons learned as a member and President of the Bloom #206 school board, (1995-2003), Mayor of Chicago Heights, (2003-2009), and as a longtime Chief of Operations Manager for Skyline Disposal Company, a third generation family-owned business. DeLuca is applying his many years of private sector business experience to solving the state's fiscal crisis through a renewed focus on how state government can operate more efficiently.

DeLuca is a recipient of the 2010 Chicago Southland Chamber of Commerce Outstanding Leaders Under 40, The Friend of Agriculture Award 2010, 2011 and 2012, the 2010 Best Legislative Voting Record by the Independent Voters of Illinois, and the 2011 Illinois Association Chiefs of Police Public Official of the year.

Born and raised in Chicago Heights, DeLuca graduated from Homewood-Flossmoor High School and Elmhurst College. He and his wife, Sarah, are the parents of three children. DeLuca has been active in the community for many years as a coach and director for the Chicago Heights Small Fry basketball.

(Source: <http://anthonydeluca.org/bio/>)

Glenda Corbett, Ludeman Center Director - News and Updates

FISCAL YEAR 2015-2016 BUDGET

Overtime is currently at 11% and we are continuing our efforts to meet our OT Budget number of 10%.

OTHER INFORMATION

The Windows/Doors/Blinds/Roofing Project update: House 6 has been renovated to an open floor plan. All individuals have returned to their home. We are currently waiting on the implementation of the door, window, and roof replacement project to begin. .

Safety update: The Center has implemented a new police ELC #1007 Active Shooter plan.

Staff update: Reginald Booker is the new Community Interest/Employee Relations Director. Reginald will oversee our volunteer programs and employee appreciation events as well as interact with the community on the Centers behalf and so much more.

EVENTS

- **Brookfield Zoo** – On May 24th individuals from the Ludeman Center will visit Brookfield Zoo.
- **Chicago Sky** – The Chicago Sky have donated tickets for Ludeman individuals to attend games on May 14th, May 24th, July 8th, and September 4th.
- **Chicago White Sox** – The Chicago White Sox have donated tickets for Ludeman individuals to attend games on April 18th, April 21st, May 18th and May 23rd.
- **Chicago Cubs** – The Chicago Cubs have donated tickets for Ludeman individuals to attend a game on April 13th.
- **Women's History Month Program** – The Ludeman Center will host a Women's History Month Program March 30th 2016. Dr. Vera Davis will be the keynote speaker. A segment of the program will feature Greek Independence Day.
- **Women's History Month Book Club** – In honor of Women's History Month, Shelly Brown is continuing to facilitate a weekly Thursday lunch-time discussion of Maya Angelou's book Wouldn't Take Nothing for My Journey Now.
- **Boot Camp Exercise Class** – The Boot Camp Exercise Class continues every week during lunch time on Monday, Tuesday and Thursday. The class is up to 2 miles in preparing for the 5K in April.
- **Line Dancing Exercise Class** – The Line Dancing Class continues every Wednesday during lunch time.

For more information from Glenda Corbett – check our website: www.ludemanpflc.org

Illinois Special Olympics – Mark Your Calendars



Come on out and cheer on the Ludeman Center athletes!

The Area 7 Special Olympics Spring Games will be held on May 7, 2016 from 7:30 am – 3:00 pm.

Where:

Thornwood High School
17101 South Park Avenue
South Holland, IL 60473

When a Special Olympian wins a Gold Metal at their Area games, they are qualified to participate in the State-Wide Special Olympics weekend in Normal, Illinois. The State-Wide Special Olympics will be held June 10 – 12, 2016 in Normal Illinois.

In past years, we have had many Ludeman Center athletes take the weekend trip of a lifetime. They look forward to attending the Area 7 Games as well as the State-Wide Games.

2015 Holiday Nut Sale Wrap-Up

Thanks to all of you for making PFLC's Annual Holiday Nut Sale another big success. We knew from the launch of the fund raiser at last October's General Meeting that it was going to be a good year, as so many of you left that meeting with boxes and cases in hand. Thank you again for your fantastic support!

As a result of your efforts, we raised over \$5,600 this year. This is the 2nd year in a row we've broken the \$5,000 mark - easily topping last year's total of \$5,049. As you know every dollar raised will be used to enhance the quality of life for all the Ludeman residents and to advocate on their behalf.

A huge thank you to those of you who put your time and energy into making this year's drive successful. Below are our top sellers. We encourage everyone to try and add their name to the list next year!

OUR TOP SELLERS:

Haley Family – 44 cases

Ed Theriault – 24 cases

Paul Keipert – 23 cases

Shirley Walters Tolliver – 14 cases

Neil Sullivan – 14 cases

Mary Beth Olsen – 9 cases

Janelle McFadden – 8 cases

Bob & Gayle Cooley – 7 cases

Joyce Bowles – 6 cases

Jean Roush – 6 cases

Mark Svenningsen – 6 cases

Lynette Brady – 5 cases

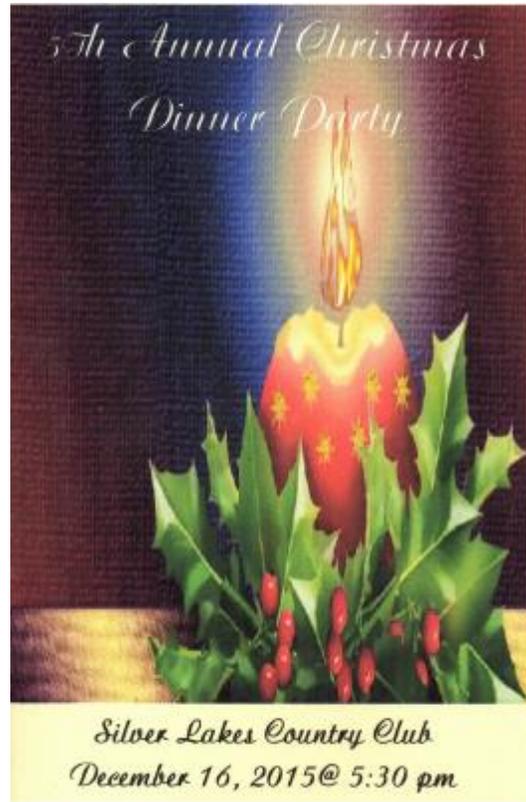
Thanks so much to everyone for your hard work and dedication.

Fred Flynn & John Haley

Nut Sale Drive Co-Chairs

2016 VOR Washington, D.C. Conference

Paul Keipert, one of our PFLC Board Members, has volunteered to attend the VOR Conference to represent the PFLC Intellectually Disabled in Washington, D.C. in June. Paul will be walking the halls of Congress to visit each office of our Illinois Legislators. Thank you Paul for devoting your time and talents to this important conference.



The Annual Christmas Dinner Party was absolutely awesome! There were 190 Ludeman dinner guests as well as 60 support staff. The dinner was served family style and everyone had such a great time. The entertainment included a DJ, as well as a college student, staff, and family vocalists. The group, Those Funny Little People, performed for the crowd and kept everyone entertained. The highlight was the Ludeman Chorale. The Ludeman Chorale members were Ludeman residents!

This event could not have been a success without the Activity Department. Many thanks to Ken Taylor, Alesia Knight, Steven Drotts, Lindsay Sherman, and Reginald Booker. The co-ordination effort alone can be overwhelming and involved the whole Center from Administration, Transportation, Medical, Neighborhood Houses, and most of all the House Technicians. The Ludeman dinner guests were dressed in evening attire; men were in suits, ladies were in evening dresses and some even wore heels! The direct staff shops for the clothing and gets the dinner guests ready for an evening of fun. The Transportation involves several busses that can accommodate special needs.

Don't think for a minute that the Ludeman residents that are not able to attend are 'left out'. The Activity Department also provides an Annual Holiday Party on the grounds of the Ludeman Center too!

The Parents and Friends of Ludeman Center provides the funds for the Ludeman dinner guests, entertainment, and a partial fee for the attending staff dinners. We could not do this without your efforts that the Annual Nut Sale provides, as well as your generous donations throughout the year.

The Parents and Friends of Ludeman Center thanks the Ludeman Staff for going the extra mile for our family members and friends that reside at Ludeman.

DID YOU KNOW?

Website News – www.ludemanpflc.org

Amazon Smile Update – In 2015, we received a total of \$67.04 from the Amazon Smile Program. Go to our website, and click on the Amazon Smile “Get Started” button to have a portion of your purchase donated to PFLC! It’s easy, and does not add additional charges to your order total.

Visitors from Near and Far – So far in 2016, we’ve had 715 website visits and in 2015 there were 3,993 visits.

Followers – Want to be “In the Know”? Sign up to receive PFLC Updates! It’s easy – go to the website, and in the lower right corner click on “Follow” and enter your e-mail address. You’ll get updates on new postings to the website.

MATCHING GIFT PROGRAM

Do you, or a friend, or a family member work for an organization that supports a Matching Gift Program? Include the Parents and Friends of Ludeman Center as your Matching Gift! Contact us by sending us an Email at Ludeman.PFLC@gmail.com. We’ll be happy to give you the details.

DONATIONS

Donations are still needed to fund the various activities PFLC sponsors for the enjoyment of the residents. We also continue to need your financial help for the Protect Our Residents legal fees. Your donations are put to good use. We are here for our residents. We are their voices. A little help from many goes a long way!

YOUR MONEY AT WORK – PFLC EXPENDITURES – 2015

PFLC continues to use your donations for the benefit of residents.

Fall Fun Fest	—————\$1,822.52
Winter DJ Dance	—————\$ 600.00
Protect Our Residents Legal Fund	\$5,000.00
Ludeman Swimming Pool Repairs	\$3,908.10
Holiday Party & Winter Gala Banquet	\$2,750.00
PFLC Storage Cabinet	\$ 392.20

THANK YOU FOR YOUR CONTINUED SUPPORT!

The Parents and Friends of Ludeman Center is a 501c (3) Non-Profit Organization

All donations are tax deductible. Any and all donations are greatly appreciated. We accept money, time and talent.

Ludeman Dream Gardeners News

The residents of Ludeman Center, “The Dream Gardeners”, and staff of Ludeman and the Cornerstone Gardening Program need your support to make their annual “Pre-Mother’s Day Spring Plant Sale” a success. The Ludeman Dream Gardeners have been working diligently throughout the winter months in preparation for the spring growing season.

The Sale will take place at the Ludeman Center Greenhouse from Wednesday, May 4th through Friday, May 6th from 10:00 a.m. until 4:00 p.m.

Hanging baskets ranging in price from \$12.00 - \$17.00 each are available for sale. We also have potted herbs ranging in price from \$3.00 - \$4.00, as well as a variety of other plants and exotic flowers.

Please contact Paul Smith or Jenice Peairs at 815-508-5953 for more information.

CLOTHING BANK

Since summer will be fast approaching, the Ludeman Center accepts donations of clean, good quality adult-size clothes, shoes, and summertime hats for the residents. If you have any 'spare' summer clothing items, Ludeman is happy to accept your donation. Ludeman also accepts arts and crafts, music, movies, and Wii system games. Contact the Ludeman Center at 708-283-3000 to donate these items for the residents.

HELP – WE NEED YOUR SUGGESTIONS!

Look for our PFLC Suggestion Box at the April 30th PFLC Spring General Meeting. What topics would like covered and what speakers would you like to see invited to our General Meetings?

How can I get involved in PFLC?

Do you have family and friends that would like to join PFLC?

Volunteerism

Last September's 2015 Fall Fun Fest was a great success because of the staff, the many PFLC volunteers and strong family attendance. We had not only a great turnout but a visit from Representative DeLuca, as well. Representative DeLuca was quite amazed at the support the Ludeman residents receive from family, friends, and staff.

Now, here's the pitch -- if you are a sibling of a Ludeman resident, we'd like to hear from you! Currently, the PFLC Board is comprised of eleven siblings and thirteen parents members. Our Board parents are a wealth of knowledge as well as role models for volunteering. Our Board siblings bring new ideas that can be incorporated into the long-standing efforts of the parents.

Come join us!

Kevin Burke Memorial

Parents and Friends of Ludeman Center and the entire community that works on behalf of the Developmentally Disabled across the state lost a major voice on November 23, 2015. Kevin Burke, husband of ILL-ADD Past President Rita Burke passed away suddenly. Kevin and Rita have been tireless champions of the Developmentally Disabled. Many of you remember them speaking at our General Meetings.

Kevin Burke lived a full and accomplished life. Married to Rita for 50 years, the couple had 7 children. In addition to his selfless work on behalf of the developmentally disabled, Kevin was a lawyer, college professor and Secret Service agent. He also served two terms of duty during the Vietnam War receiving the Silver Star, 2 Purple Hearts and the bronze star for his service to the country. Kevin was buried with full military honors at Arlington National Cemetery on April 1, 2016.

Donations can be sent to:

Illinois League of Advocates for the Developmentally Disabled (IL-ADD)
Kevin Burke Memorial
C/O Wayne Ryerson
8649 Carey Ave.
River Grove, IL 60171

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Park Forest, IL 60466**

Spring Has Sprung – Come Out and Have Some Fun!



Come Out and Support PLFC Sponsored Events

- | | |
|------------------------------|--|
| April 30th | PFLC Spring General Meeting – Building 64
Ludeman Center, 114 Orchard Dr., Park Forest, IL
Refreshments 11:30 a.m. Meeting 12:00 p.m. |
| April 10 th | Spring Disc Jockey Dance – Ludeman, Building 64, 2:30 p.m. – 4:30 p.m. |
| June 25 th | Summer Gala – Ludeman Center Grounds 2:30 p.m. – 4:30 p.m. |
| September 24 th | Fall Fun Fest – Ludeman Center Grounds 2:30 p.m. – 4:30 p.m. |
| November 13 th | Winter Disc Jockey Dance – Ludeman, Building 64, 2:30 p.m. – 4:30 p.m. |